

# Port City Lions Club

## Monthly News

Web Page <http://hometown.aol.com/SAVPCLIONS/index.htm>

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A Publication of the Port City Lions Club  
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### Zone Meeting Held

The first Zone Meeting of the Lions Year was held on Monday, August 28. The meeting was sponsored by our club. Lion Bob Bovee, PDG gave an outstanding talk on Membership. 5 out of 6 clubs were represented with 28 in attendance.

### Send Peace Poster E-cards

Be the first in your club to send someone a Lions International Peace Poster e-card. Available through this Web site, the e-cards feature images from six of the finalists from the 1999-2000 contest, including Satoko Nakadate's grand prize winning poster. E-cards may be customized with a personal message and can be sent to anyone with an e-mail address.



### District Governor's Visit

The official visit of District Governor Chuck Shurtleff is Tuesday, October 3 at 7:00 p.m.

### Golf Tournament

The Joint Golf Tournament with Chatham South has been postponed to later this year due to problems with scheduling. More information will be available later.

*An optimist thinks the glass is half full; a pessimist thinks the glass is half empty. A realist knows that if he sticks around, he's eventually going to have to wash the glass.*

### Prepare for National Diabetes Month

According to the World Health Organization, 120 million people in the world have diabetes and many may not be aware. Each November, the association aims to increase awareness of diabetes and diabetic eye disease to those people "at risk." Clubs are asked to start preparing now for their November push. Diabetic eye disease refers to a group of eye problems that people with diabetes may face as a complication of the disease -- diabetic retinopathy, cataract and glaucoma. (Cataract and glaucoma also affect many people who do not have diabetes.) Throughout November, Lions clubs are encouraged to step-up their awareness efforts by hosting an eye screening or some other community project. Lions Clubs International has programs and partnerships already in place.

The Program Development Department at Lions Clubs International Headquarters offers a new publication (IAD-162) summarizing the risk factors, types and complications of the illness. It also details projects for participating Lions clubs. To order, specify the IAD-162 publication in the language desired and call (630) 571-5466, ext. 320; or e-mail [rhalawa@lionsclubs.org](mailto:rhalawa@lionsclubs.org).

In 1994 the Lions Eye Health Program (LEHP) was established to raise awareness for diabetic eye disease and glaucoma in the general public. Funded by SightFirst grants from Lions Clubs International Foundation, LEHP is an educational outreach program that enables Lions clubs to have a major impact in their communities in the fight against these two leading causes of blindness in developed countries. The "Don't Be Blind to Diabetic Eye Disease" brochure (LEHP-2) can be easily downloaded. Additional materials

may be requested by contacting LEHP at (800) 982-0356. In addition, the National Eye Institute offers a free National Diabetes Month Resource Guide that contains a variety of educational materials to use during National Diabetes Month. To request a resource guide, call (800) 869-2020, or visit the National Eye Institute's Web site at [www.nei.nih.gov](http://www.nei.nih.gov).

### Birthdays and Anniversaries

Anniversary Jon Lichner	September 7
Birthday Rick Mizell	September 16